



Sydney
Imaging
Specialists

Cardiac CT (CTCA) – Patient Preparation

- Avoid all stimulants for 24 hours prior to the examination.

No caffeine (this includes tea, coffee, caffeinated soft drinks and chocolate) and no stimulant drugs e.g. Viagra, Cialis or Levitra or common cold remedies which contain stimulants e.g. Sudafed.

These stimulants elevate your heart rate and this makes it harder to obtain a good quality study.

- Do not exercise or smoke on the day of your examination.
- Continue taking all your usual medications.
- Eat a light meal 4 hours prior to your appointment.
- Bring all previous relevant scans or x-rays to your appointment.
- Arrive 30 minutes prior to your appointment time.
- Although the majority of people will feel fine after this study, the short-acting medication you receive during the examination may temporarily affect your ability to drive.

We advise that someone drives you home from the clinic, following your procedure.

If you have any questions, please do not hesitate to call us on 9044 3200.